

DOMINION

THIS MONTH
EXCLUSIVE

In Christ

By Dr. Ezekiah Francis

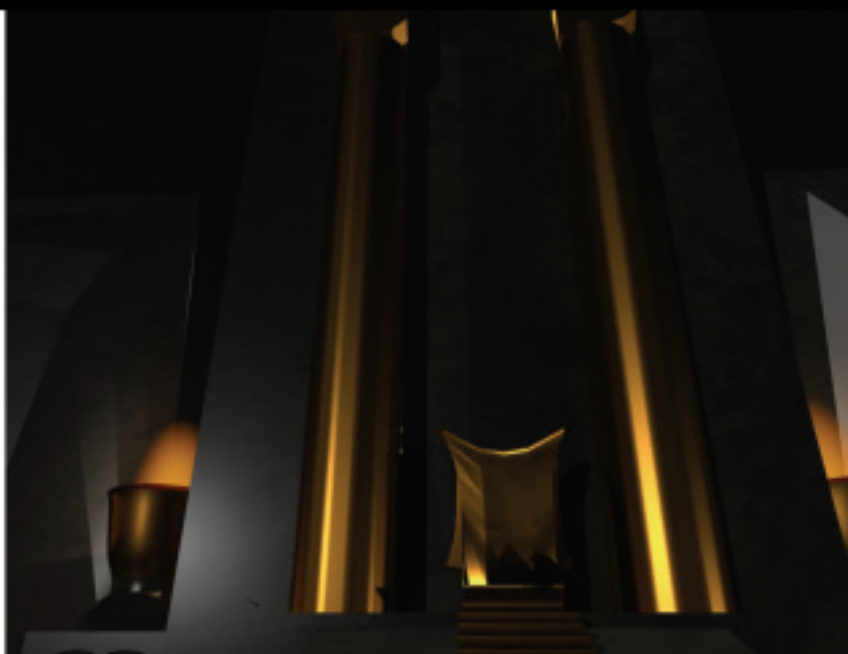
BERACHAH

PROPHETIC VOICE



LAUGHTER
the divine medicine

BEAT
the heat



HAVE DOMINION

Rise up! Take your God given authority!

Dr. Ezekiah Francis



HEALTH your most important asset

Wake up to the long neglected health facts

Rev. Benita Francis



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YOUR HIGH DIVIDENDS

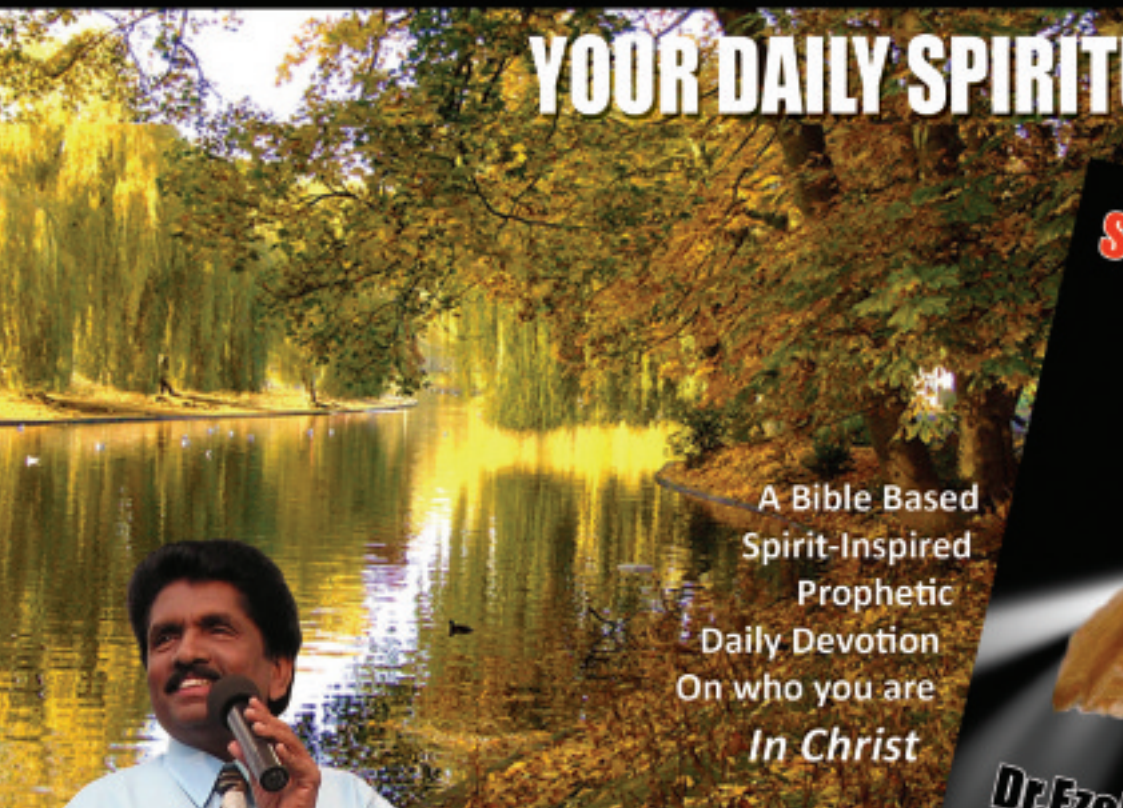
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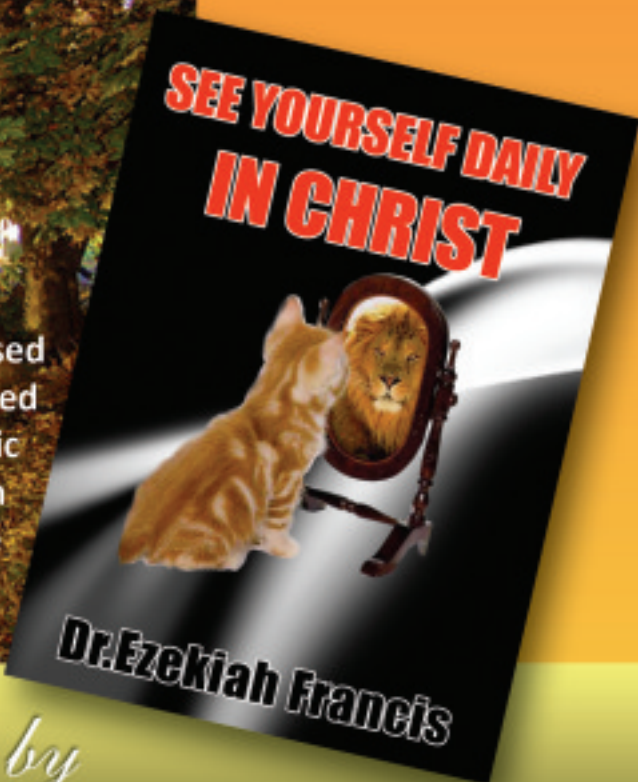
As we step into the third decade...Prophet Ezekiah Francis is looking for "Prophetic Partners" who will help him fulfill the mandate given by God in this new decade. God is raising a prophetic generation to reach the nations with mighty signs and wonders.

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Heart Felt...

Dearly beloved in Christ

Greetings in the wonderful name of our Lord and Savior Jesus Christ. We have entered the fifth month. Time is fleeting much faster than you think. We have yet to Accomplish many things for God. Hope you remember the promises of God for the New Year. Remind yourself of the vows you made. Renew your decisions. Do not postpone what you plan to do today. Gather all your energy and gallop to glorify God's name. These are the days of God's glory. The Lord is going to do glorious things in the nation. Let us get ready for the revival.

We witnessed the glory of God in all our meetings last month in Kerala and Chennai. The Lord used Benita in Sri Lanka along with Dr. Morris Cerullo. All praise and glory be to God alone!

By now, the election results would have been announced. Pray for God's guidance to our leaders and all those in authority that we may live a peaceful and quiet life in all godliness and holiness. That is the most important thing we need to do. Let us begin to use our authority like Esther.

As you know, our Poondi project is under construction. We are striving to complete the stress work soon. Set apart few minutes every day to pray for the financial needs to be met.

Continue to uphold me, my wife, my aged parents, family, counselors, leaders, partners and staff. May God's grace envelop you.

Your brother in Christ

(V. Ezekiah Francis)



**BERACHAH
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MINISTRIES**

81, 4th Cross Street,
Senthil Nagar, Kolathur,
Chennai - 600 099

PHONE

+ 91- 44 - 26501290
+ 91- 44 - 26501390

EMAIL

info@ezekiahfrancis.org

WEB

ezekiahfrancis.org

WHAT'S INSIDE....

HAVE DOMINION - Pg2

By Dr. Ezekiah Francis

It is long since Satan robbed of Man's authority. But, through Christ it has been restored. Come, let's take and enjoy it!

HEALTH the most important asset - Pg5

By Rev. Benita Francis

Have you ever thought of caring for your brain. Discover how important it is to detoxify your brain.

BEAT the HEAT - Pg4

Summer '09

Simple tips to stay cool this Indian summer. Taking little steps can mean a great way to stay cool and healthy.

LAUGHTER - Pg7 *the divine medicine*

A cheerful heart works and functions like a powerful medication. Take time to laugh away your stress & sickness.



HAVE DOMINION



BY DR. EZEKIAH FRANCIS

Then God said, “Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth”...

For if by the one man’s offense death reigned through the one, much more those who receive abundance of grace and of the gift of righteousness will reign in life through the One, Jesus Christ (Ge.1:26; Ro.5:17) Adam was created to rule and have dominion over all the other creations (Ge.1:26). This is God’s first and foremost intention. Man’s purpose was to rule and reign. Soon after creating man and woman, God blessed them to have dominion over the entire earth and even commanded them to subdue it.

God governs: The first revelation you need to exercise your dominion is the rulership of God. In Christ, God has become your own Father, and He is the King of heaven and earth. His rule extends from sea to sea and from the river to the ends of the earth (Ps.72:8; Zec.9:10). He is even the ruler of the demonic kingdom. As Creator of the whole universe, He has all authority over all His creation. His Kingdom is an eternal kingdom, His dominion endures from generation to generation (Da.4:3). He is the Sovereign over the kingdoms of men and sets over them anyone He wishes (Da.5:21).

Until God created man, He was holding all authority in His hand. He created and ruled everything by the Word of His authority (Heb.1:3). He simply said, “Let there be,” and things came into existence.

You govern: God needed co-rulers. That is why He created you in His royal likeness. As everything in nature produces after its kind, so God created you after His kind. His dream was that you

should talk and walk like Him in every way. You who resemble God must rule everything by your word of authority. Your language should always be, “Let there be!” That is why whatever Adam called the animals became the names of God’s creatures. God simply transferred His rulership to man.

In the fall, man sold his rulership and made the devil the prince of this world (2.Co.4:4). That is why satan could challenge Jesus in the wilderness saying, “All the kingdoms of the world are given to me” (Lk.4:5). Jesus came to restore this rulership to man and said, “All power in heaven and earth is given to Me. Therefore go...” (Mt.28:18-19). What the first man lost in Eden, the Last Man Jesus won back. He holds the keys of death and hell (Rev.1:18).

As God’s legal child, you have all authority over all the universe. Now, you hold the keys of death and hell. God’s authority has become yours because you are in Christ. Whatever you bind on earth is bound, and whatever you lose on earth is loosed (Mt.16:18).

Your domain: The purpose of the new creation is to rule and reign in life (Ro.5:17). Sin, satan, sickness and the world cannot have dominion over you. God has commanded you to subdue it under your authority. You are born to rule with your word of authority!

You must know what is your sphere of authority. The moment you came into your Savior’s bosom, sin lost its dominion over you (Ro.6:14). Since you have become one with Him who is the Head of all principality and power, satan’s dominion over you is totally broken (Col.2:9-10). Now, you have power over all the power of the enemy, even to cast it out from your territory (Mk.16:17; Lk.10:19).

In Christ, you also have authority and dominion over the nature. You can calm the storm (Mk.4:39).



You can command the sun and the moon (Jos.10:12-13). You can stop the rain and bring the rain (1.Ki.17:1; 18:41-45). Sickness and plagues must submit to your authority as soldiers submit to the authority of a commander (Mt.8:8-9; 10:1; Lk.9:1-2).

If you dare to believe, you can exercise dominion over the animal kingdom, the vegetable kingdom and every adverse circumstance that tries to destroy and steal from you (Heb.11:32-34).

Beloved, you are the ruling child of your ruling Dad. You are the queen of the King of the universe. Jesus in His earthly walk ruled over the demons, diseases, nature and everything by His Word power. You are engrafted in Him. His Words now go through you as God's Zion and rule everything. Out of you comes the scepter of God to subdue all enemies (Ps.110:2). Jesus still rules through

you in midst of His enemies.

If the enemy attacks you, your family or your city and nation, you are responsible to subdue him. The Church has the authority to stop the natural calamities, drought, flood, tempest, tsunamis, earthquakes and even death (Ro.6:9).

Thank You, Lord, I am made in Your image, according to Your likeness. I have dominion over creation. I have received abundance of grace and of the gift of righteousness, and I will reign in life through You. You have given me the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt me because I am in Christ.

Ge.1:26; Ro.5:17; Lk.10:19

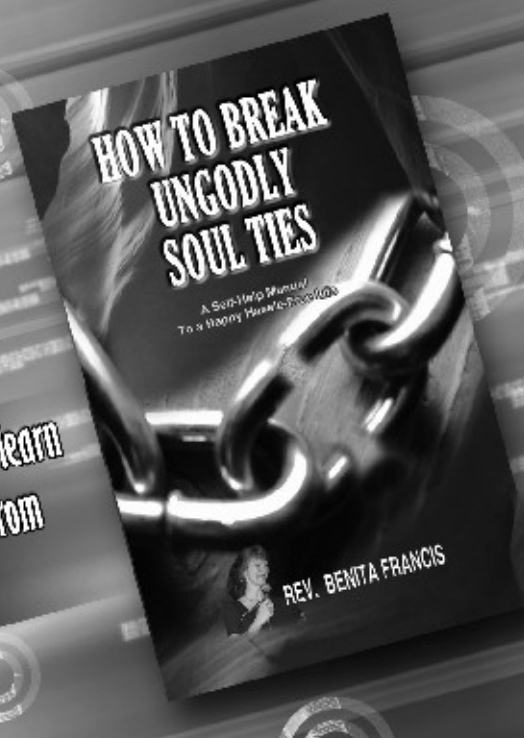
For Bible reading: Gen. 11:1- 13:18 & Matt.5:21-42

Your times of hurts and pain is over! Jesus came to give you life in all its fullness!

- Do you suffer under strained relationships?
- Do you feel your inner life is choked by people?
- Do you struggle to balance people's demands and God's?
- Do you suffer unduly for your loved ones?
- Do you feel helpless trying to help others?



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Ungodly Soul Ties



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By Rev.

**BENITA
FRANCIS**

**HEALTH
YOUR MOST IMPORTANT ASSET**

This month **DETOXIFY YOUR BRAIN**

Dear family of God, are you happy? Are you healthy? Are you purifying your mind? Just last week, I heard a testimony from a precious pastor's wife. When I met her the first time, there were some fears and much gloominess in her life. I counseled her to take time with the *Holy Spirit* to remember and actively forgive all the situations that had quenched her spiritual fire and stopped her wells of living water from flowing within her. She told me she had taken my word very serious. It had taken her about 3 months to pray through and forgive all the big and small hurts and offenses as the *Holy Spirit* brought them to her remembrance, but the result was very much worth the time spent! This time, she was just shining, full of health, energy and enthusiasm and very young and beautiful.

You too can detoxify your mind! You can overcome deadly stress and bring health to your entire system! You can unlock your full intellectual potential! Even in old age, you can keep increasing your intelligence without any limits! The only requirement is that the input you provide for your brain must be positive and healthy! You can actually continue to 'grow' your brain lifelong. You can grow positive memories and healthy connections daily. You can even challenge and strengthen your brain by 'brain exercise' which we will study in another chapter.

Let us now look at how you can detoxify your brain. There are many strategies you can use. The greatest benefit will be reached if you combine all of them together. Let us start with the most vital ones.

Consciously control your thoughts

As we have seen, you are not a victim of whatever happens in your brain. YOU are in control! YOU can bring EVERY thought into captivity to the obedience of *Christ* by the power of

the *Holy Spirit* (2.Co.10:4-6). YOU can decide what you will think and what you won't think. YOU can decide to make your brain grow healthier and more intelligent all the time, or you can allow your mind to become darkened!

Never allow yourself thoughts like 'I should have', 'I could have', 'Why didn't I', and similar thoughts. These guilt thoughts are extremely toxic and put your entire body and mind into stress (Ro.8:1f)!

Never allow yourself to think again and again about a painful situation. Remembering it strengthens the memory and releases harmful chemicals into your body each and every time you remember (Isa.43:18).

Never allow yourself to think fearful thoughts about the future. Consciously commit your future to *Jesus* and decide to trust that He is well able to take care of you (1.Pe.5:7)!

Never ever allow yourself to think and speak negatively about yourself. If you do, you insult your Creator and put curses on your own life! Death and life are in the power of your tongue (Pr.18:21)!

Never allow unrealistic expectations in your life. Don't put yourself or others under a demand that can't be accomplished, like endless to-do-lists etc.! 'Perfectionists' tend to make themselves sick by their constant displeasure and discontentment with themselves. Many auto-immune diseases stem from this constant 'self-attack' in people's thought life! If you think negative thoughts about yourself or if you are angry at yourself, your thoughts will make your brain produce chemicals that tell your immune system to attack your own body! Multiple sclerosis, lupus and many other diseases attack mostly such 'self-condemners' (Ps.109:18f; Pr.17:22)!

Never try to lie to yourself, thinking one thing and saying another. Your brain cannot be cheated. Such incongruence is very toxic and will throw your mind and body immediately

into a stress reaction! That is the reason why 'faith confessions' will not work unless you make the effort of getting the Word as a revelation into your spirit (Ro.10:9f)!

Never allow yourself to make a problem your own. Never say things like, '**my** heart problem', '**my** diabetes', '**my** skin allergy', etc. If you do, your brain sends out chemicals that tell your entire body to produce or keep producing the symptoms of '**your**' disease (Job 3:25; Pr.23:7)!

Never allow yourself a suspicious attitude like, 'people are talking against me', 'somebody is betraying me', 'everybody is against me', etc. The Bible says, "To the pure all things are pure, but to those who are defiled and unbelieving nothing is pure; but even their **mind** and conscience are **defiled**" (Tit. 1:15). If you live in suspicion, you need purification of your mind! You need detoxification from wrong thoughts! Locate the mental stronghold, forgive all persons that were involved, and actively build a positive memory over the toxic one, as we have learned in former chapters.

Never allow negative people to put negative seeds into your ears and mind. Check the spiritual life of that person before you believe his reports. *Jesus* said very rightly, "Take heed what you hear" (Mk.4:24). Just like you don't eat everything that comes before your eyes, you don't need to listen to everything that tries to come into your ears!

Remember: Your brain governs your body just like God governs the universe!

Your thoughts are powerful enough to make you sick they are also powerful enough to make you healthy!

The only thing you need to do is to keep your mind active. If you just allow any thought to wander through your brain unchecked, your life will follow. The Bible says, "As he thinks in his heart, so is he" (Pr.23:7).

In very severe cases of mental disorders, depression, suicidal tendencies etc., taking some medication for a time might be appropriate; but never forget: All medicines have their side effects! Every treatment should include cognitive behavior therapy: you should discover with the help of a trained person the origin of your problems in your very own thought life! Remember, 87% of sicknesses and diseases stem from wrong thinking! Toxic thoughts weaken your immune system and leave you susceptible to any germ or virus that comes along! Toxic thoughts actively attack your body functions by creating life-threatening stress to your entire system. You need to learn to obey your Creator's command

and rejoice in everything, be anxious for nothing, trust in prayer and control your thoughts. This will bring your life into the peace of God the peace that passes all understanding, the peace that only He can give (Phil.4:4-8; Jn.14:27).

Nowadays, modern science is talking a lot about brain chemistry imbalances. The wonderful news is that YOU can ACTIVELY control which kind of chemicals are produced in your brain and sent into your body! The only thing you need to do is keep a close look at every thought that crosses your mind. Actively decide whether or not you want to allow that thought to become a life-long memory. Reject thoughts that are not healthy for you. You can find wonderful check-lists for thoughts and attitudes for example in Phil.4:8 and 1st Corinthians 13!

REMEMBER

Your brain governs your body just like God governs the universe!

Your thoughts are powerful enough to make you sick they are also powerful enough to make you healthy!

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely,

whatever things are of good report, if there is any virtue and if there is anything praiseworthy - meditate on these things (Phil.4:8).

Some years ago, the Lord gave me a powerful revelation. I was preaching in a seminar, and all of a sudden, the *Holy Spirit* spoke in my heart: "Look towards your left and prophesy over that sister." I had not paid any attention to who was sitting there, but I just obeyed the *Holy Spirit*. I pointed my finger, opened my mouth, and the revelation started flowing: "Doctors have told you that you have depression. That is a lie of the devil. Your only problem is that you have allowed the thoughts and whisperings of the devil to form a stronghold in your mind. The devil knows very well that he only needs to send one little demon to whisper into your ear, and he has you totally paralyzed. You need to close that inroad with the 'stop signs' of the Word of God, and you will be totally healed."

Wow! I was amazed! I could see in that vision the

demons whispering, and their thoughts were willingly received into that sister's brain. They were rushing in like on a highway and all landed on the same spot. There they had built a mental stronghold that made that sister to automatically do what the enemy of her soul wanted her to do. Tremendous!

Then I could see little 'stop signs' like a police officer would hold up. They were placed in front of her ears, and the entire drama was over! No more bad thoughts rushing in! No more highways! No more depression!

After giving this revelation, I asked the sister about her testimony. She had been on a vacation with her husband, and suddenly she had the thought, 'What if I throw him down from the balcony?' She was shocked that such a thought could even appear to her. She started wondering what a bad person she must be to have such thoughts. She did not have any children, and very soon, she was convinced that God could not give her children because she would kill them any time. She was afraid that she might kill her two pet cats, herself or anybody in her surroundings. Her condition had become so bad that she was scheduled to be submitted in a mental institution right after my seminar!

Exactly as the *Holy Spirit* had shown me, her only problem was that she had accepted that one initial thought the enemy had injected into her mind. She had failed to resist the reinforcing thoughts he kept shooting at her. She had failed to take the shield of faith that can quench EVERY fiery dart of the enemy (Eph.6:16). She had failed to take the Word of God as a sword of the Spirit to defend her ears and mind from the enemy's onslaught (Eph.6:17). She had not put *God's Word* as stop signs before her ears,

and she had given enough time for the devil to build life-threatening strongholds in her mind!

You don't need to go into depression or just live your life like drudgery, without any hope and expectation. *Jesus* has come to give you life more abundantly (Jn.10:10). Every day should be an excitement to you as you live it with your Creator who has good plans for you from before the creation of this world (Jer.29:11; Eph.2:10)! Never settle for anything less than this abundant life! Rebel against anything that steals your joy and peace of mind! Decide to detoxify your thoughts and make your world a place worth living!

There are many other strategies for brain detoxification which we will explore in depth in our next article. I just give you the headings so you can already start using them, too:

Use the power of your words; don't swallow your emotions; take responsibility; cleanse your brain through good sleep; think forgiveness; listen to your heart; give and receive loving touch; play and laugh a lot; exercise regularly; eat a healthy diet; strengthen your spiritual life; and aggressively resist stress by learning to relax.

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy - meditate on these things (Phil.4:8).



"Now, how many of you would like to go to heaven?" asked the Sunday school teacher. All the eager three-year-olds raised their hands except Cassie.

"I'm sorry, I can't. My Mommy told me to come right home after Sunday school."

A six year old boy was overheard reciting the Lord's Prayer at church service: "And forgive us our trash passes as we forgive those who passed trash against us."

A boy was watching his father, a pastor, write a sermon. "How do you know what to say?" he asked. "Why, God tells me." "Oh, then why do you keep crossing things out?"

A missionary was walking in Africa when he heard the ominous padding of a lion behind him. "Oh Lord," prayed the missionary, "Grant in Thy goodness that the lion walking behind me is a good Christian lion."

And then, in the silence that followed, the missionary heard the lion praying too: "Oh Lord," he prayed, "We thank Thee for the food which we are about to receive."

minister was opening his mail one morning. Drawing a single sheet of paper from an envelope he found written on it only one word: "FOOL."

The next Sunday he announced, "I have known many people who have written letters and forgot to sign their name. But this week I received a letter from someone who signed his name and had forgotten to write a letter."

1. Officials trying to reduce impact of swine flu (AP)

AP - With global anxiety spreading even faster than the new swine flu ? and a vaccine still months away ? health authorities are struggling to reduce the impact of an outbreak that can't be contained by simply shutting borders.

2. Mumbai will house the 2011 World Cup secretariat and India will host 29 of the 49 matches, including the final, after the event's central organising committee on Tuesday reallocated the games following the ICC decision to drop Pakistan as a co-host. — PTI, AP

3. Swine flu has spread to seven countries and appears to be jumping borders via airplane flights.

4. The Tamil Nadu government on Tuesday announced a Rs.32-crore relief package, comprising materials worth Rs.7 crore and Rs.25 crore financial assistance for Sri Lankan Tamils.

5. A press release from the government stated that the relief materials would be distributed to 50,000 families. This third instalment of relief material would also include water purifying tablets and 10,000 kg food for children.

6. The materials would reach the Indian High Commission in Sri Lanka before May 5 and be distributed through the International Committee of the Red Cross (ICRC).

7. The Rs.25-crore relief would be released from the fund collected by the State government. The amount, along with the Rs.100 crore allotted by the Centre, would be used to provide relief to the Sri Lankan Tamils. In the first instalment, relief materials worth Rs.10.06 crore was sent on November 13, 2008. It was distributed to 80,000 families.


8. A total of 40,000 families benefited from the second instalment of Rs.6.46-crore worth of relief materials. The package was sent on April 22.

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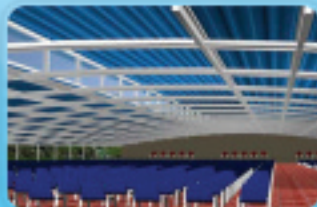
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Editor: Dr. V. Ezekiah Francis



Birds-eye view of the Campsite



Side View of the Main Auditorium



Internal View of the Main Auditorium



Diagonal view of the Preachers Guest house

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2009

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